DEAR [illegible] GHS NOW REFUSE ME ALL COMPLAINT FORMS 18/11/18

1. PLEASE SEND EMAILS WITH REPLY & WRITE AND INFORM CELLS BUT AS MORE DIFFICULT TO FOLLOW UP

2. I HAVE NOW LOST OVER 20KG WITH THE GHS TRUST DISREGARD TO SOME OPTIFAST MAN DOWN PROCEDURES FOR INNER-STRIDE

3 I NOW HAVE IN WRITING GHS NEVER EVER [illegible] ANY MEDICAL PROCEDURE ON THEIR VICTIMS (FOR FEAR OF MONEY MAKING CASES) BY LEAKED TO MEDIA.

4 THEIR DAY TO DAY LIES HAVE INCREASED

5 THEY, JUST AS IN IMP CARDIFF TO 2014 MAPPA SWANSEA HOSTEL 3 OF GHS, WHISTLE OF PROSECUTION AND OFFENDER SUPERVISORS. ALL STATE I AM 'HIGH RISK' 'IE NO OPEN PRISON' BUT REFUSE TO EXPLAIN WHY?

6 ~~2014~~ AS IN IMP CARDIFF 2014 RELEASE TO A HOSTEL NEVER AS A TIMED DAY RELEASE HOSTEL GHS DEMAND I AM TAKEN TO A CAR UP HOSTEL DIRECT, OR 13th DEC 18, TO STOP ME VISITING A PROSPECTIVE ADDRESS POLICE STOPPED 2017/18 APPOINTMENTS AND TO'S WATCH ME & CONFIDENTIAL LEVAC FILES AGAIN.

7 NO ONE WILL CONFIRM IN WRITING EITHER MAPPA WILL NOT ALLOW ME TO LIVE IN ENGLAND OR I HAVE IMMACHINE-GUN JURY TRIAL

2 of 2